

The QUENIBOROUGH Fun Run

Cross country Fun Run for ALL ages and abilities

SATURDAY 20th FEBRUARY 2010

1st Race Starting Time 2:00pm

NO entries on the day. Entries in advance only. Permit applied for.

Recommended Postal entry before 15th February.

(Entries received after this date can collect their numbers on the day of the race)

Entry Fee - **£3.50 per person** (excludes adults accompanying under 6's)

A medal and goody bag for all finishers (excluding adults accompanying under 6's)
Trophies for 1st attached & unattached (ie. not members of a running club) male and female in each age category.

RACE 1 START TIME 2pm	PRE-SCHOOL - SCHOOL YEAR 6 All children aged 6yrs and under must be accompanied by an adult whilst running
TROPHY AGE CATEGORIES	NUMBER OF LAPS/DISTANCE
PRE-SCHOOL	1 Lap (3/4 mile)
SCHOOL YEAR :- RECEPTION - YEAR 2	1 Lap (3/4 mile)
SCHOOL YEAR 3 - YEAR 6	1 Lap (3/4 mile)
RACE 2 START TIME approx 2:20pm	SCHOOL YEAR 7 - AGED 17 YEARS
TROPHY AGE CATEGORIES	NUMBER OF LAPS/DISTANCE
SCHOOL YEAR 7 - YEAR 9	2 Laps (1.5 miles)
SCHOOL YEAR 10 - AGE 17 YEARS	2 Laps (1.5 miles)
RACE 3 START TIME approx 2:40pm	ADULTS 18+ AND VETS 50+
TROPHY AGE CATEGORIES	NUMBER OF LAPS/DISTANCE
ADULTS 18+	2 Laps (1.5 miles)
VETS 50+	2 Laps (1.5 miles)

2 x Family Team Prizes (attached & unattached) -

3 runners to count (must either be 1 adult + 2 children or 2 adults + 1 child)

1st Primary School and 1st Secondary School Team Prizes (6 to count)

Special Prize for Oldest competitor.

For more information contact race secretary: john.skevington@hotmail.com
or visit www.wreakerunners.co.uk

With thanks to Queniborough Scouts for their support.

WREAKE RUNNERS AWARDS FOR 2009
EAST MIDLANDS
JUNIOR CLUB OF THE YEAR.



CHARNWOOD
JUNIOR SPORTS TEAM OF THE YEAR



The QUENIBOROUGH Fun Run Entry Form

Name (in block capitals)	Age on 28/3/09	Name of School (if appl)	School year (if appl)	Sex (m/f)	Club name (if affiliated)	Race No. (for official use)

Consent for Race Photo - Y/N

Family Team Name (if applicable) - _____

Postal Address - _____

Emergency contact & number - _____

Email address - _____

Please post completed entry form along with a **LARGE** stamped self-addressed envelope (with correct postage) and a cheque made payable to:

WREAKE RUNNERS and post it to:

Race Secretary, 15 Oriel Drive, Syston, Leicester LE7 2AR

Conditions of race:

- 1) Children aged 6 or under must be accompanied by an adult legally responsible for them, or by an adult selected by the person legally responsible for them.
- 2) Clothing - Suitable clothing should be worn eg. In cold weather bring gloves. A **dry change of clothing will be necessary after the race.**
- 3) Footwear - **No spikes allowed in race 1.**
- 4) Medical Condition - If you or the person you are legally responsible for have a medical condition or ailment which requires medication, this is your responsibility and we advise consulting your GP before entering the run.
- 5) I/we enter this run at my/our own risk and will not hold the organisers responsible for any accident or loss, however caused.

Please sign below to confirm that you have read and agreed to the above conditions. To be signed by the competitor or the person legally responsible for the competitor if they are under 18 years.

Signed - _____

Date - _____

Please detach entry form along dotted line