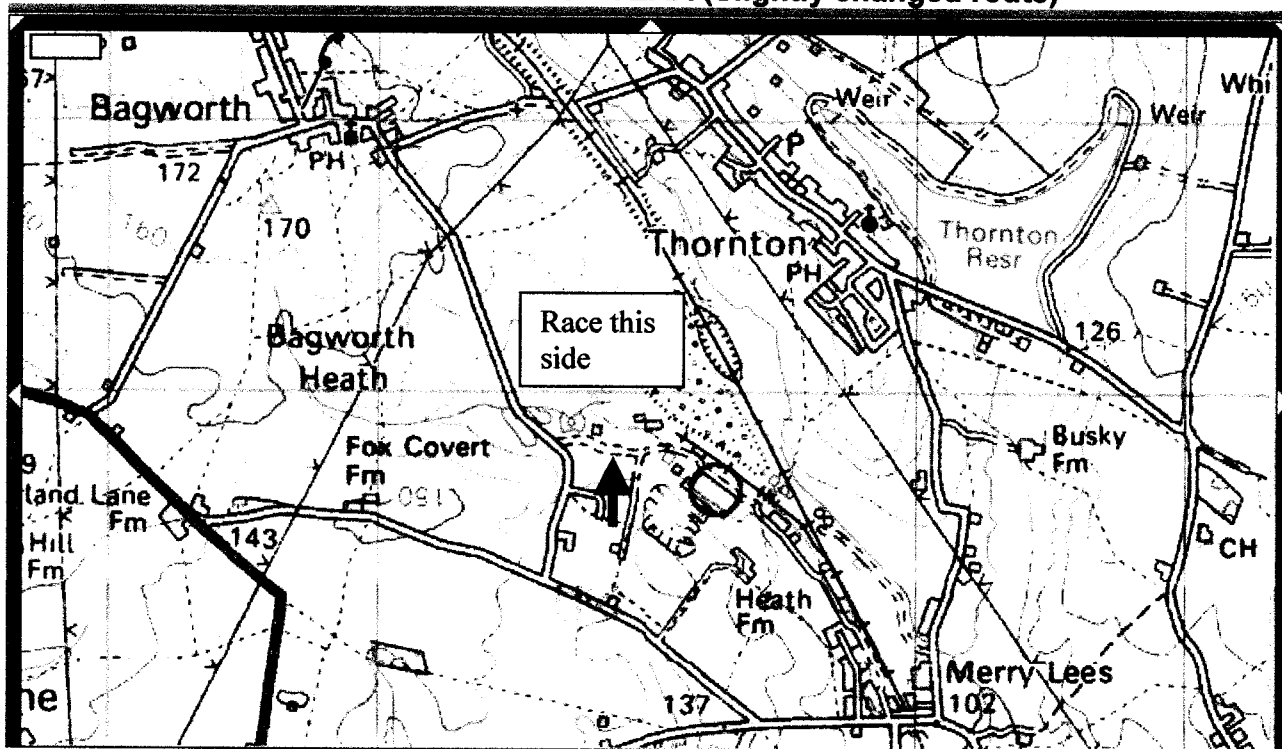


## DESFORD STRIDERS INFORMATION SHEET

Derby Runner Cross Country League Race 3 Bagworth Heath  
Sunday 5<sup>th</sup> December 2010  
SAME VENUE AS LAST YEAR (Slightly changed route)



**Location:** Bagworth Heath Woods, Heath Road, Bagworth, Coalville, LE67 1DL.

**Directions:** From Thornton or Merry Lees, take signs to Bagworth then Bagworth Heath Woods.

**Parking:** LIMITED. On driveway off Heath Road (see arrow). **CAR SHARING REQUIRED.**

**Course:** On Thornton side of Heath. Junior race approx. 10.30am one or two laps of field depending on age, half a mile per lap, flat. Main race: start 11am; just over .5 miles; one short lap, two long laps; testing hill on both long laps; woodland and grassland tracks; **approx 150m of compacted gravel over tarmac bridle path on both long laps.**

**Toilets, showers and changing:** Sport-in-Desford Clubhouse, Peckleton Lane, Desford LE9 9JU. Approx. 2 miles from race, see map overleaf.

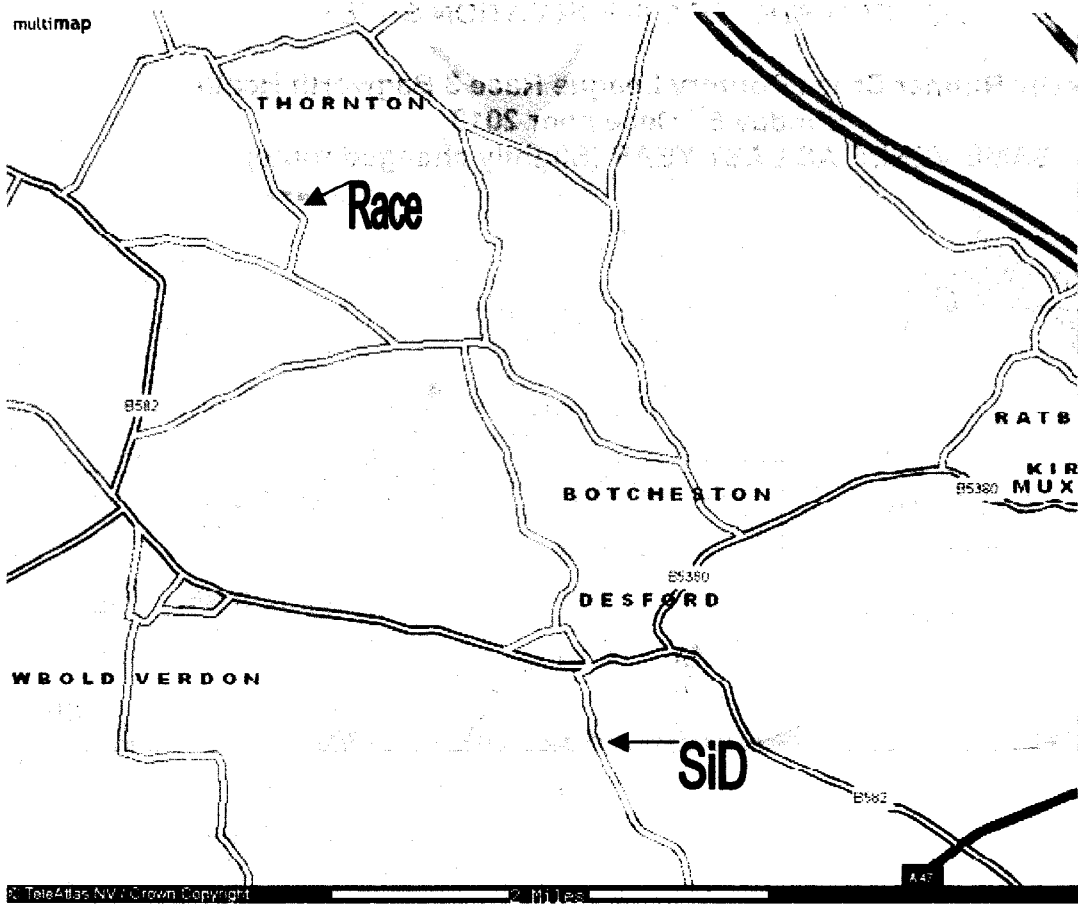
**Results:** SiD, Peckleton Lane, Desford LE9 9JU. Approx. 2miles from race, see map overleaf.

**Contact:** Steve Morris 01455 828416 (mob:07926 152345)

**Important Information:** Please respect the countryside code and take away your litter.

**All runners enter at their own risk. The organisers will in no way be held responsible for any loss or damage to property or for any injury incurred.**

multimap



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