

**4th LRRL Race - Stilton 7  
Sunday 7th March (Start 10:30)**

Registration is at The Stute (Holwell Sports Club) Asfordby Hill, Nr Melton Mowbray, **LE14 3RD**

**Directions from A46**

Exit at either the B676 (Six Hills Hotel) or the A6006 (Dalby Intersection) and follow the A6006 towards Melton Mowbray and Asfordby. After about 5 miles turn left at the roundabout and pass through Asfordby Valley. At the next roundabout ( in Asfordby Hill) turn left, signposted Holwell Works and Asfordby Business Park. After 100 metres follow the marshal's directions for parking.

**Directions from Melton Mowbray**

Leave Melton using the A6006 signposted to Rempstone and Asfordby. After about 2 miles turn right at the roundabout signposted Holwell Works and Asfordby Business Park. After 100 metres follow the marshal's directions for parking.

As parking is limited it would be appreciated if runners could car share where possible. There will be an overflow car park at the Grange Garden Centre (approximately 400 metres from registration)

**The Race**

The start and finish is 200 metres from registration at Holwell Works main entrance. There will be a drinks station at 4 ½ miles.

The course is run on the left at all times. There is a short steep climb at 1 ½ miles and a long climb up Asfordby Hill at 3 miles. This is a two lap race so you will run this twice.